Westonia Picture Theatre Presents:

A Night Out At The Movies With “Bad Moms 2”

Tuesday 10th July @ 6.30pm

$5.00 per ticket
July

1st - Leon Guest
Stella Tricoli
5th - Jody Nicoletti-Preist
6th - Jimmy Love
7th - Daimon Geier
Jodie Adams
8th - Gail Lane
12th - Amy Corsini
Angus Townrow
13th - Julie Nicoletti
14th - Damien Blake
21st - Tash Crees
22nd - Joan McDowall
23rd - Myra Vaughan
24th - Peter Crews
25th - Ryan Bright
29th - John & Frank Corsini
30th - Kathy Paust
Stacey Price
Sandra West
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CEACA Seniors Housing Project –Website Now Available

Royalties for Regions grants have ensured funding for the construction of 75 two-bedroom units across CEACA’s 11 Member Councils. The independent living units developed by the CEACA Seniors Housing Project will be suitable for older adults and designed to reduce falls and accidents and enable older people to remain living safely in their own homes and communities for longer.

The purpose of the CEACA Seniors Housing Project is to construct age appropriate houses that will deliver the following outcomes:

- Keep older people living in rural communities for longer through the provision of appropriate and affordable housing options.
- Stimulate economic and employment growth via the construction and management of assets and provision of aged care services.
- Create an asset base and cash flow that can be leveraged for the ongoing growth of community housing in the region.

Deliver efficient health and support services to the ageing community.

For more information please check out the CEACA website. It can be accessed by following the link below. [http://www.ceaca.org.au/housing-project/ceaca-seniors-housing-project.aspx](http://www.ceaca.org.au/housing-project/ceaca-seniors-housing-project.aspx)

A Dip in the Country

Immersion Program Attracting Doctors to Rural Communities By Helen Westcott, Executive Officer WE-ROC

Prior to 2016, government funding enabled the University of Notre Dame Australia’s, Fremantle Campus to send first year medical students to visit the Wheatbelt with the hope of encouraging students to consider careers in rural or remote general practices once qualified. The program was highly successful in showcasing the advantages of life within rural communities, which included the Shires of Cunderdin, Kellerberrin, Merredin and Narrogin.

During their four to five day visit, students were billeted with local families and visited local schools and hospitals, general practices and allied mental and primary health organisations. They also participated in various other activities and completed some form of community service.

However, in the absence of funding the program was unfortunately unable to continue.

In 2016 Member Councils of the Wheatbelt East Regional Organisation of Councils (WE-ROC) decided to advocate for the program’s reinstatement. With the attraction and retention of doctors within their respective communities a major concern, WE-ROC’s Members - the Shires of Bruce Rock, Kellerberrin, Merredin, Westonia and Yilgarn, set about finding partners to help re-establish the program.

The Wheatbelt Medical Student Immersion Program was developed in direct response to WE-ROC’s advocacy. The Program is a collaboration between WE-ROC, the University of Notre Dame Australia, Curtin University, Rural Health West and the WA Primary Health Alliance (WAPHA). The Shires of Cunderdin and Narrogin (who were involved in the original student visitation program) were also involved.

Funding for the three year program has come from the Universities, Rural Health West and WAPHA. WE-ROC and the Shires of Cunderdin and Narrogin provided in-kind support, through the use of Council facilities, provision of transport and most importantly billeting the students with families within their communities.

Following months of preparation, on 13 March 2018 around 160 medical students from Notre Dame and Curtin Universities arrived for three days to experience life across each of the seven Wheatbelt towns, being exposed to both the challenges and rewards of living within rural communities.

Billeted with local families both in the towns and on farms, the students immersed themselves in rural life. During the three-day visit students participated in a range of activities including visiting local hospitals and medical practices, held teddy bear clinics with students at the local primary school, conducted health pit stops in conjunction with the local GPs and visited the Rural Clinical Schools at Northam or Narrogin.

Students were also given a taste of farm life, with a tour to local high schools and agricultural colleges and attending a farm safety demonstration.

On the final evening, the students gave presentations to Elected Members, Shire staff, their host families and anyone in the community who assisted them during their stay.

WE-ROC believes that given the shortage of doctors in rural and regional areas, the Wheatbelt Medical Student Immersion Program is invaluable in providing medical students with a first-hand experience of medicine in a rural community and the opportunities that it offers. Programs such as this provide a mechanism for attracting new doctors to rural communities.

This view is shared by all organisations involved in the 2018 program with planning for 2019 soon to commence. For further information about the Student Immersion Program, please contact Helen Westcott by emailing hwestcott@wquared.com.au
The engineering crew have been taking advantage of excellent winter grading conditions having completed sections of the Rabbit Proof Fence, Leeman, George, Boodarockin, McDowall and Daddow Roads since the last report. The crew will be heading north of the M040 over the next few weeks.

Councillors undertook a road inspection recently to inspect projects completed in 17/18 and identify road projects for the 18/19 budget.

The road inspection held on a wet day illustrated a glaring issue when there is only 2 tracks running down the middle of our gravel roads as depicted in the photo. Traffic driving through the puddles will only cause greater damage to the road surface. Hence our encouragement to keep to the left on gravel roads utilising all of the road surface.

The roads crew have come up with a solution to the problem if 2 lanes wheel tracks continue!!!! Refer photo.

FACEBOOK MARKETING CAMPAIGN—WESTONIA TOURISUM

Facebook offers a fantastic targeted advertising platform. You can create ads targeted at specific geographic areas, ages, education levels, and even the types of devices used for browsing. Facebook also lets users close ads they don’t like and “Like” a page right beneath an advertisement: CAMPAINS WILL LOOK AS FOLLOWS:-

Explore Westonia Natural Wonders

Westonia is nestled amongst 4,000 hectares of salmon gum, morrell and gimlet woodland interspersed with granite outcrops, an area of surprising natural beauty. Most of the scenery is made up of wheat fields growing over red earth, extending as far as the eye can see. But scattered throughout the landscape are a number of nature reserves and spectacular ancient granite outcrops.

Below are some of my favourite granites and reserves in the area, all of which are unique and worth a look

Baladjie Rock & Lake Debra
Elachbutting Rock
Yanneymooning Reserve
Sandford RockBoodalin Soak
Chidarcooping Reserve
Primary Care Nurse Practitioner

Laura Black

Every Wednesday @ Westonia Shire Office
9.00am—2.00 pm
Booking made through WESTONIA SHIRE ADMIN on (08) 9046 7063

Dr Olga Ward

MBBS, FRACGP, GDRGP, FARGP
Procedural Surgical GP Westonia
Consulting Dates 2018 (Monday’s)

16th July 2018
20th August 2018
24th September 2018
5th November 2018
17th December 2018

The podiatrist will be back in town on the following dates appointments are available starting at 11am

13th July 2018

Please call the Shire Office on (08) 90467063 for more information or to make an appointment.

July Council Meeting

The next Ordinary Council Meeting will be held at the Westonia CRC Building (Old Administration Building) in the Council Chambers, on Thursday 19th July 2018 and will commence at 3:30pm. Members of the public are welcome to attend. The Agenda will be available to view on Council’s website on Monday 16th July 2018.
Fund raiser for one of our Own.

Helping raise funds for Belinda McMurdо
Westonia Shire Gardener

Carrabin Roadhouse
Don & Ronda Perrin  Country Music Entertainers

Featuring music from
Johnny Cash, Merle Haggard, Patsy Cline,
Slim Dusty and many more

A Bus will be available, hourly, from the Shire Office

Sat. June 30 @ 7pm

$5 per Head - All door proceeds go to Belinda

Fish & Chip/Seafood Basket Night (Salad included) $20
Kids Meals Available $6

For all Enquiries Phone Bill & Joan on 90467162

Supported by

Westonia Community Resource Centre

your local connection

Shire of Westonia
Plan Implementation and Self-Management Workshop

Venue: Community Resource Centre
Date: Tuesday, 24 July 2018
Time: 9:00am – 10:30am
Address: 110 Barrack St, Merredin

So you have an NDIS plan – what next?

NDIS is running an Implementation and Self-Management Workshop Session for any interested people in the Wheatbelt on 24/07/2018.

This information session is for people who have an NDIS plan, or will have one soon and would like to know the next steps to take.

The format will be an hour presentation followed by a half hour Q & A session.

Please advise of any accessibility requirements such as the need for interpreters.

For more information email: EngagementWA@ndis.gov.au or phone 9235 7383.

We look forward to seeing you on the day
RYAN HOPKINSON,
Masters in Physical and Health Education, Grad Dip Sc (Ex Rehab)

EXERCISE PROGRAM

WEEK 1
Wednesday June 27th – 3pm (60mins)  Performex Introduction & Cardiac Risk Factor Assessments.

Thursday June 28th - 9am (60mins) - Struggling with Activities of Daily Living? – Exercises to improve your Functional Capacity focusing on the Neck and Shoulder.

WEEK 2
Wednesday July 4th - 3pm (60mins) - Fall Prevention – Exercises to Improve your Hip / Knee and Trunk Stability

WEEK 2
Wednesday July 11th - 3pm (60mins) Osteoporosis/Osteoarthritis?– Exercises to Improve your Strength and Joint Function

WEEK 4
Wednesday July 18th - 3pm (60mins) Relaxation – A Stretch and Flexibility Session to improve your sleep and exercises you can repeat every day.

Thursday July 19th - 9am (120mins) The Top 10 exercises for you Setting you up with a program that comes to your phone and email so you can perform them daily

All Exercises will be held at the Westonia Complex Gym

CONTACT THE CRC FOR BOOKINGS AND ENQUIRIES ON 9046 7077
SCHOOL HOLIDAY EXERCISE PROGRAM FOR THE KIDS

Session 1
Thursday 5th July 2018
9am to 11am

Session 2
Thursday 12th July 2018
9am to 10am
10am to 11am—Morning Tea and a chat with Laura Black (Keeping our kids healthy)

Imagine you are going to been drafted into the AFL or any elite sport. Do the fitness tests the AFL players do and see how you go. Can you jump like Nic Natanui, beat Nat Fyfe in a beep test, or get through an agility course quicker than Cyril Rioli? Followed by a warm down stretching program—Prizes to be won and a lot a fun to have.

BOTH SESSIONS WILL BE HELD AT THE WESTONIA COMPLEX GYM
CONTACT THE CRC FOR BOOKINGS AND ENQUIRIES ON 9046 7077

Physiotherapist: Beth Antonio
Located at the Primary School

Bookings are essential and must be made through the CRC on
9046 7077 NO REFERRALS NEEDED
IF CRC IS UNATTENDED ON SATURDAY or SUNDAY CONTACT TERRI ON: 0427 467030
Westonia Community Co-Op

This Fortnight’s Specials

Golden Circle Juice 1l $1.70
Golden Circle Juice 2l $3.50
Chocolate 200g $4.20
Chiko Chicken Kiev Balls $17.50
Steggles Chilli Tenders $16.00
I&J Spring Rolls (96) $13.50
Greens Puddings $3.30
Fantastic Crackers $1.80
Free Range Eggs a dozen $3.50

FRESH FRUIT & VEGIES IN TODAY

Fresh/Frozen Meat  – We have a new supplier for our meat and we are taking orders for Fresh or Frozen meat from Mc Loughlin Butchers Perth. Come in and see the whole range available. First delivery will be Wednesday the 4th of July.

Orders MUST be placed by Friday 29th June

PLEASE NOTE MAIL CLEARANCE TIME IS NOW 1.15 PM

Our Boomerang Bags have arrived!
Borrow for $1 or buy for $5.00
**Golf News**

After some good opening rains and glorious days, the course is looking as good as it has for many years. Thanks to those who have put a lot of work into the course to this point.

**CRT Club Day (17th June)**

Nine starters for the CRT Club day with a little bit of wind to contend with, so it was a good opportunity to play stroke as a warm up for the Club Champs the following week.

Some good scores came in, with Bro and Jamo fighting it out on the back nine.

Better scores were JC with a 69 nett (golf ball in the nest), Steve (the Big Easy) Hale 65 nett (winner) and Jamo 65 nett (second on a count back). Jamo and Steve both lost a stroke off their handicap.

**Allan Day Memorial Day (1st Round of Championships)**

Our largest field of the year (14 plus 2 old crocks who played 9 holes) contested the Allan Day Memorial Trophy which also coincides as our 1st Round of Club Championships.

Beautiful conditions were on display which reflected with some good scores.

The Championship format is resulted on the best 2 out of 3 Championship rounds. The next being the Allan Barnett Memorial on 29th July, followed by the final round on 12th August.

**Men top scores after Rnd 1**

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<th>Name</th>
<th>Score</th>
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<tr>
<td>Steve Hale</td>
<td>80</td>
<td>61</td>
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<tr>
<td>Jamie Criddle</td>
<td>80</td>
<td>64</td>
</tr>
<tr>
<td>Shaun Crees</td>
<td>84</td>
<td>73</td>
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<td>Clint Wahlsten</td>
<td>88</td>
<td>71</td>
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<td>Nigel Edgecombe</td>
<td>90</td>
<td>76</td>
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**Ladies top scores after Rnd 1**

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<tr>
<th>Name</th>
<th>Score</th>
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<tr>
<td>Renae Corsini</td>
<td>97</td>
<td>77</td>
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<td>Jocelyn Antonio</td>
<td>106</td>
<td>80</td>
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<td>Karin Day</td>
<td>111</td>
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The winner of the day was Steve Hale on 61 nett who lost another stroke off his handicap from Jamo 64 nett, who also lost another stroke. Renae was the best of the Ladies with 77 nett. Drake had 99 of the bat and donated a golf ball to the Eagles nest.

A big thank you to the Day Family for the sponsorship of the day and particularly Mike, Tim and Judy for travelling up for the day.

**Della Bosca Cup**

This Sunday is the Westonia Golf Club Open Day (Della Bosca Cup). Hamburgers for dinner which will require some volunteers please.

We will also hold a Busy Bee this Friday from 1.30pm so bring your chainsaws, mowers, matches etc. to give the course a once over, prior to Sunday.

Can we please have everyone at the course by 11am on Sunday to help set up on the day etc.

**Golf Shirts**

Renae went around on Sunday to get sizes for new Wessy Golf Shirts so if you didn’t catch up with Renae please do ASAP so she can get the order in.
WESTONIA GOLF CLUB

INVITES YOU TO OUR
PETER DELLABOSCA CUP

PROUDLY SPONSORED BY

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Local • Fast • Reliable
231 Dugan Street Kalgoorlie
P/F: 9091 8200 • M: 0408 946 184
E: brad@ccrlining.com.au

Men’s and Ladies Fields

SUNDAY 1st JULY

18 HOLE STABLEFORD EVENT
SHOTGUN START 12PM
GROSS AND NETT TOPHIES

$25 PER PLAYER
INCLUDES BURGER AND SNACKS
Lunch on sale

PLEASE CONTACT

SHAUN CREEES  PH 0428447057
NIGEL EDGEcombe  PH 0427447074
Wheatbelt Markets
Sunday 1st July 2018
8am to 12noon
Another great day out!
Come along and help us
celebrate our 20th Birthday!

Free Birthday Cake for stallholders.
For the Kids: Free Bouncy Castle, ice creams, train rides
& scarecrow competition. Make a scarecrow, bring it to
Radcliffe Park by 10am. Prize for best scarecrow.
Free Teddy Bear raffle: tickets at the Craft Shoppe. Drawn 11am.
Lucky Stallholder $50 Raffle. Please ring 90465174 or email
nungarinwheatbeltmarkets@gmail.com to book a stall.
The Friends of Mangowine Committee is running the sausage sizzle and the
café will be open in the hall for light lunches.
Lots of stalls in the main street & the hall.
Come along and browse for that special something.

Something for everyone at the Nungarin Wheatbelt Markets!

Thank you
Thank you Terri and the CRC and all your cutting, sewing
and ironing volunteers for our Boomerang Bags and helping
us to become “plastic shopping bag free”.
The bags are amazing!
So THANKS again.
Westonia Community Co-Operative
**WESTONIA CEMETERY RAFFLE**
Friday & Saturday nights. Drawn at 7.30pm every Saturday.
This fortnights meat trays were
kindly donated by Westonia Transport & An awesome bloke who wants to remain anonymous
Won by & Pete & Joc Antonio
Meat Raffle Tickets are $5.00 each
**ALL PROCEEDS GO TO THE CEMETERY UPGRADE**

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**Thank you**

I would like to say a huge thank you to Pauline, Dennis, Leah, Glenda & Isabelle for all of their help and support for Carol following her operation it is greatly appreciated
Kind regards Greg Tapp

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**ANCOR ELECTRICAL**
EC12639

Anthony Nelson
Phone- 0408800967
Email ancorelectrics@gmail.com
www.ancorelectrical.com.au

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New Housing TV wall mounting
Switchboard Upgrades Test and Tagging
Shed and factory lighting

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**Clothing Repairs & Alterations**
Rip your hi vis?
Burst your buttons?
Is short never short enough?
From Workwear to Bridal Wear
Call Martine on 0427 724 994 and she will stitch you right up
Westonia’s Old Miners Hall Picture Theatre
Presents: “Coco”
Sunday 8th July 2018 @ 1pm
Popcorn and Candy available
$5.00 per head